

Coaching and Mentoring

Overview:

Being able to effectively coach and mentor others is a critical capability for leaders in today's business world. It enables you to bring out the best in people – and everyone wins when that happens! Coaching and mentoring are not, however, just the province of leaders; anyone can become highly effective with these tools.

In this program, you learn the fundamental difference between coaching and mentoring, and how to apply each to achieve great outcomes for the individuals or groups concerned. The workshop is practical in orientation so you get to master the skills through a variety of effective exercises as the day progresses. You will leave with a clear strategy for how to coach and mentor with great effect.

Duration: 1 Day

Target Audience:

- Board Directors / CEOs
- Executive / General Management
- Group Managers
- Team leaders / Team members
- Specialist staff
- Support staff

Topics:

- *Coaching and mentoring fundamentals*
- *Coaching for skills development*
- *Coaching for performance*
- *Coaching for career development*
- *Coaching for high potentials*
- *Team-based coaching*
- *Situational mentoring*
- *Critical success factors for coaching and mentoring*
- *Creating the coaching / mentoring partnership*

Additional Information:

This program includes coaching simulations.